

Tobacco user? Move Your Way to a
Healthier You by Quitting!



Presented by the Department of Occupational Health
**Courtesy of the Duke Endowment &
Scotland Memorial Foundation**

**NEW CLASS STARTING THE 1ST
WEDNESDAY OF EVERY MONTH**

****MUST ATTEND SESSION 1 ****

Time: 10:30 AM – NOON

Location: Community Health Classroom
Community Health & Rehabilitation Center

PLEASE CALL 910-291-6933 TO REGISTER

James B. Duke
THE DUKE ENDOWMENT

SCOTLAND MEMORIAL
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