

HEART HEALTH EDUCATION



Presented by the Department of Occupational Health
**Courtesy of the Duke Endowment &
Scotland Memorial Foundation**

**Topics: Physical Activity, Healthy Eating,
Hypertension, & Cholesterol Education**

When: 3rd Tuesday of Every Month

Time: 1:00 PM – 2:30 PM

Location: Community Health Classroom
Community Health & Rehabilitation Center

PLEASE CALL 910-291-6933 TO REGISTER

**** WALK-INS WELCOME ****

James B. Duke
THE DUKE ENDOWMENT

SCOTLAND MEMORIAL
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